



# Safeguarding Newsletter

Your child's safety matters to us!

*"Everyone who comes into contact with children and their families has a role to play in safeguarding children" – DfE, 2014*

Dear Parents/ Carers,

We hope you had a restful and safe break. We would also like to wish you a Happy New year.

This newsletter is sent termly to keep you updated on all that we do at Gallions to keep your children safe and to keep you informed of any recent news around the safeguarding of children.

At Gallions the safety of the children is our priority.

Ms Mehmet – *Family Support and Safeguarding Officer*

We have put new notices around the school providing information on safeguarding at Gallions. We would like to remind you that our Designated Safeguarding lead at Gallions is Mrs Walstone and our safeguarding deputies are Mrs Hussain, Ms Mehmet and Mrs Haliday. Please do not hesitate to contact us if you are worried about the safety of a child.

## Headstart

**'Giving young people support and skills to cope with adversity and do well at school and in life.'**

We are fortunate to be joining up with a charity for mental well-being this term. Headstart is a lottery funded charity who works alongside schools to promote and teach mental well-being in children aged 10 and over. Our Y5 and Y6 children will be having lessons on resilience which will be led by a Headstart advisor and our learning mentors.

For more information on the charity please visit: <https://www.biglotteryfund.org.uk/headstart>

## Course information:

### Empowering Parents – Empowering Communities

An opportunity has arisen for parents to attend a **9 week free** course. The course structure is to help parents learn practical communication skills for everyday life and bring up confident, happy and co-operative children.

The course aims to allow parents to feel better by:

- Helping others by sharing own experiences
- Help in finding way through teenage years
- Supporting your child/ren with the changes they may experience as they transition from Primary to Secondary school.

Course runs **from Tuesday 23th January – 27th March, from 9:30am- 11:30am** at ASTA Community Centre, Camel Road, E16 2DE.

For further information and to book your place on the course please **contact Yvette Walker, [Yvette.walker@community-links.org](mailto:Yvette.walker@community-links.org), 020 7476 5023.**

Crèche spaces are also available for children under the age of 4 and light refreshments.

### Early Help – Free Online Resilience Workshop

Early Help along with Community Links team are offering a **Free Online Resilience Workshop for Parents**. This training will help parents to have a better understanding of the online world your child/ren live in, learn practical approaches to keep your children safe online, and build knowledge and confidence to talk to your children about online safety.

Date: **Thursday 11<sup>th</sup> January, from 9:30 -12pm** at Community Links, 105 Barking Road, E16 4HQ.

Light lunch will be provided and crèche spaces are available. Also, parents who attend will receive a **£10** voucher.

Please contact Penny Philips on 020 3373 4552 for more information.