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### Safeguarding

Dear Parents,

I hope that you are well and coping during these challenging times. The situation is really fluid and there is such little sense of certainty, which will be difficult for many people to cope with. During this time we are going to be working hard to keep supporting our families and connecting with the children in any way we can. This will include things like online learning, phone calls home and sending letters in the post.

**If at any point you are worried about the safety of a child**, please call the school office or email the info account [info@gallions.newham.co.uk](mailto:info@gallions.newham.co.uk). Likewise, if you feel that there is anything we can do to support you or your child at home, please do get in touch through email or over the phone. Sarah, Nicky and Myself will be working as a team to continue to work with families who need us and we are happy to support you, where we can, with issues such as behaviour, loneliness and anxiety.

**If you ever feel a child is at immediate risk from harm then please do not hesitate to call the police or report it to the MASH team on 02033734600.**

I have added some services below which may be of use:

- Shout - A 24/7 text service, free on all major mobile networks, for anyone in crisis anytime, anywhere. It's a place to go for immediate help and you're struggling. Text Shout to 85258
- Family Lives – provides information, advice, guidance and support on any aspect of parenting and family life. Their helpline number is 0808 800 2222
- Local food banks include: **Bonny Downs Community Centre**, 020 7474 3060 and **St Marks Centre**, 218 Tollgate Road, open Fridays 7-9pm.

Yours Sincerely,

Mrs Walstone,

Deputy Head, EYFS, KS1 and Pupil Well -Being

