Coronavirus Safety: Parent Guidance Summary

What to do if…	Action you must take…
If your child has one or more COVID-19 symptoms: New continuous cough High temperature (37.8 or more) Change in their sense of taste or smell	Please inform the school. Your child should **not** attend school and should take a test. Everyone in the household should isolate until the results are returned and are negative. **If you <u>do not</u> take your child to be tested, your household must isolate for 14 days from the day symptoms begin.** **Please inform the school when the test result is returned as negative. Your child should return to school after this, as soon as they are well enough.**
If your child has a **positive** COVID-19 test	You should inform the school immediately of a positive test. Your child must isolate for 10 days from the day symptoms started. Your household should isolate for 14 days from the day symptoms started. **Your child should return to school after the isolation period and when they have been without any fever for 48 hours.**
If your child has a **negative** COVID-19 test	Your child must isolate until they receive a negative test result. You should inform the school as soon as you receive the result. In some cases, based on NHS Test and Trace advice, your child may need to continue to isolate. If needed, we will work with you to determine if this is the case. **<u>Most</u> children should return to school as soon as they receive a negative test result and if they are well enough to do so.**
If somebody in your household has symptoms of COVID-19	The household member displaying symptoms should take a test. The rest of your household, including any children, should isolate until the results come back. You should inform the school that you are isolating and update us when the test results come back. **<u>Most</u> children will be able return to school as soon as a negative test result is returned, unless advised by NHS Test and Trace.**
If somebody in the household tests positive for COVID-19	Your child must not attend school and the whole family should isolate for a full 14 days from the date symptoms began. You should inform the school that you are isolating. **Full isolation must be completed even if the child tests negative.** **Your child should return to school after the full 14 day isolation period is completed.**

If NHS Test and Trace has identified your child as a 'close contact' of somebody with symptoms or confirmed COVID-19	You should inform the school immediately. Your child should isolate for a full 14 days (or as advised by NHS Test and Trace) – **even if they test negative.** Other people in the household should only isolate if they have been identified as a 'close contact'. **Your child should return to school after the 14 day isolation period, or as advised by NHT Test and Trace.**
If your family/child has recently travelled abroad and has to self-isolate as part of a quarantine period	You should **not** take unauthorised holiday leave during term-time, or an overseas trip in the school holiday if the subsequent quarantine period will fall in term-time. Please carefully consider quarantine requirements and FCO guidance when booking any overseas travel. **If you are required to quarantine after travelling abroad, the whole household should isolate for 14 days, even if they test negative for COVID-19. You should inform the school.** **Your child should return to school after the full 14 day isolation period.**
If you have received advice from a medical/ official source that that your child must resume shielding	Your child should not attend the school. Please inform the school Attendance Officer and submit confirmation of the advice to shield. Your child should follow all specific shielding guidance until restrictions are lifted or changed. **Your child should return to school when restrictions are lifted or changed.**
If you are not sure who should get a test for COVID-19	**Only people with symptoms are advised to get a test and should aim to do this as soon as possible after symptoms begin.** You should not take and NHS Test if: • You live with someone who has coronavirus but you do not have symptoms yourself – you need to self-isolate • You have been in close contact with someone who has the virus but you do not have symptoms – you do not need to do anything unless NHS Test and Trace tells you to • You are going abroad but do not have symptoms • You have arrived in the UK from abroad but do not have symptoms – you need to self-isolate if you've come from a country with a high coronavirus risk (check government guidance) • Your employer or school has asked you to get a test but you do not have symptoms
Useful Links: **Newham COVID-19 Test Centre:** East Ham Care Centre, Hilda Road London E7 8QP **Newham COVID-19 Helpline: 020 7473 9711** **National Guidelines:** https://www.gov.uk/government/news/coronavirus-covid-19-what-has-changed-22-september	